

Support to GROW

A TAILORED PROGRAMME OF SUPPORT FOR MINORITISED ETHNIC COMMUNITY GROUPS AND ORGANISATIONS THAT WILL HELP YOU DEVELOP CAPACITY AND STRENGTHEN YOUR SKILLS TO OFFER THE RIGHT MENTAL HEALTH AND WELL-BEING SUPPORT TO YOUR COMMUNITIES

Bridging Change and Diversity Resource International have developed a programme of support to help capacity building of **minoritised ethnic -led organisations based in Sussex**.

Funded by Heads On, the programme will help your organisation grow and develop by building on your existing skills and resources. We will work with you to identify needs and gaps that can help build your resilience, resources and infrastructure to support you. Our individually tailored programme will help you, as an organisation, develop the skills to identify and deal with challenges in the future by strengthening your foundation and building links and networks.

The programme has a specific for organisations that have a **mental health and wellbeing focus** supporting minoritised ethnic communities.

PLEASE NOTE: The programme will run from June 2024– December 2024 where you will receive intensive (but not intrusive) support from a dedicated team of experienced minoritised ethnic professionals. It is vital that you are available to get involved for that duration of time.

All organisations/groups will be remunerated for completing the programme.



HOW CAN I APPLY?

We aim to make the process as accessible as possible.

We are holding a **Support to Grow information webinar** on Zoom on **Monday 31st May 2024, 2pm-3pm** where we will talk about the programme with a question and answer session at the end.

Click on the link to attend the meeting: <https://zoom.us/j/97638254699>

Applications can be made by doing one of the following:

- Filling in the application below.
- Making a short video (3 minutes maximum) telling us a little about your organisation and explaining why you would like to be part of the project.

We are also available for any questions via email or can answer questions over the phone by appointment. Our contact details are:

hellobridgingchange@outlook.com OR

community@driorg.com

Deadline for applications is 4pm on 7th of June, 2024

We will let you know if you have been successful by the 10th of June 2024.



Information about you	
Name	
Contact details	
Information about your organisation/group	
Name	
Contact details (phone number/email)	
Please explain below	
1) Aims of your organisation	



<p>2) Examples of how your organisation's work has focussed on the mental health and wellbeing of the community</p>	
<p>3) Why you would like to apply for the SUPPORT TO GROW Programme</p>	

4) Your vision for change for your organisation	
<p>Our organisation is able to commit to, on average, 10 hours over to the SUPPORT TO GROW programme between June 2024 -December 2024</p> <p>(please tick) <input type="checkbox"/></p>	

