



Community Voices Group Meeting

SAVE THE DATE

Wednesday 22nd January 2025

12.30pm-2.30pm, in-person meeting

Topic: Older People's Health and Wellbeing

“Wellbeing encapsulates how we are faring, in all domains of life, including financial, health, social, personal and the local environment. It explores the question of how well older people are doing.” Age UK

Come and discuss with other community members

Meeting details to be confirmed in January 2025

How to join the meeting

Contact Bridging Change, email: hellobridgingchange@outlook.com,
Hangleton & Knoll Project, email: aleya.khatun@hkproject.org.uk

If you do not speak English and would like to be involved, contact Sussex Interpreting Service, email: laura@sussexinterpreting.org.uk or call 01273 234016 and leave a message in your language

